### C:\Users\ma27u\AppData\Local\Microsoft\Windows\INetCache\IE\VBDAV6DE\welcome_PNG41[1].png *To* *B1 complex care ward. Student nurse pack* Our Philosophy of care We aim to provide high quality, holistic, and individualized care to every patient. We look at each patient as individuals and take into consideration the physical, psychological, emotional, social and cultural needs of the person. Each member of staff is encouraged to foster this approach when providing patient care to optimize patient experience and enhance personal goals. Nursing staff will act as patient’s advocate, to work towards best practice and to ensure we are meeting all of the patient’s individual needs. We believe that this care should be provided in a safe, clean environment, which fosters a warm and friendly atmosphere. As a result this should promote health, prevent any further illnesses and help patients to accept and live with their own limitations. Patients will be treated in a dignified and respectful manner at all times, taking into consideration all of their individual needs. Input from the multidisciplinary team will be valued and respected, to optimize and ensure these patients’ needs are benefited. Our ward provides a valuable placement for all students at various stages in their training, providing the opportunity to enhance many nursing care skills in a supportive learning environment. We are constantly striving to enhance the patient experience while in hospital, including communication with relatives and carer’s. Therefore we welcome feedback to ensure the care we are providing is at the highest standard *Nurse* Just another word to describe a person strong enough to tolerate everything and soft enough to understand everyone About us B1 is a mixed sex complex care ward in the Acute Adult Care Division we have capacity for 23 patients and the ward comprises of 4 four bedded bays 2 two bedded bays 3 side rooms ensuite Cafe – for patient use and activities Our patient’s are mainly over 65 years of age, the conditions vary in every patient and can be very complex The more common conditions include Dementia delirium COPD Diabetes Hypertension Heart disease – i.e. Atrial fibrillation, arrhythmias, heart failure Frailty Falls Infections including Sepsis Acopia Swallowing difficulties Stroke Epilepsy We also have patients on enhanced care, you will observe and practice enhanced care assessments, ABC charts, delivery of enhanced care. C:\Users\ma27u\AppData\Local\Microsoft\Windows\INetCache\IE\GSKYMRE2\Patient_Care_GIF_Animation_Loop[1].gif C:\Users\ma27u\AppData\Local\Microsoft\Windows\INetCache\IE\UIRLP0X0\800px-Nurse_Pushing_a_Patient_on_a_Wheelchair_Cartoon.svg[1].png C:\Users\ma27u\AppData\Local\Microsoft\Windows\INetCache\IE\GSKYMRE2\stethoscope-144971_640[1].png Skills you can expect to observe and practice include Observations – including lying and standing BP Neurological observations Cannulation & venepuncture Catheterisation & catheter care Wound care Pressure ulcer care Nasogastric tube insertion and feed administration PEG feeding IV fluid administration Blood transfusion O2 therapy ECG recording bladder scanning IV medication administration Medicines management C:\Users\ma27u\AppData\Local\Microsoft\Windows\INetCache\IE\GSKYMRE2\heart-rate-1375323_960_720[1].png You will also have the opportunity to observe and practise Full admissions – including risk assessments and care plans Discharges – including requesting and checking TTO’s, discharge documentation, discharge body maps and patient property list. Daily MDT – attended by Coordinator, registered nurse, DRs, physiotherapist & Occupational therapist, Integrated discharge team and social worker. Daily care plans and risks assessments Shift evaluation What you can expect from us Assessors will be assigned to each student nurse prior to you commencing your placement with us. There is a student off duty file on the ward and also in the ward managers office. You can email PEL [Dorothy.Chizah@boltonft.nhs.uk](mailto:Dorothy.Chizah@boltonft.nhs.uk) for your shifts prior to commencing or we are happy to show you round the ward if you prefer. Please let us know if there are any preferences or shift patterns we need to consider. What can you expect on your first shift on B1. Introduction to ward staff We will complete a local and PARE induction checklist. We will discuss your shifts and make any necessary changes. Show you where the ward and trust policies are located. There is a student notice board in the staff room. Ensure you have an active smart card and log in details. Discuss any health or learning needs. Our shifts Day – 07.30 – 20.00 Early – 07.30 – 13.45 Late – 13.45 – 20.00 Nights 19.30-08.00 What we expect from you We expect you to arrive on time and be presented in a professional manner. We expect you to dress according to the university/ hospital uniform policy. It is your responsibility to inform your mentor of your learning objectives and outcomes for the placement and ensure your paperwork is up to date. We would like you to raise any concerns you have with your mentor, the ward manager or if not possible the PEF’s. It is your responsibility to inform your assessor or the nurse in charge if you are unwell this process will be discussed in your initial meeting with your mentor. We expect you to show respect and maintain confidentiality, privacy and dignity at all times. student nurse clip art - Clip Art Library Spoke placements Spoke placements can be arranged to extend and enhance your placement on B1 ward based spokes including Physiotherapists and Occupational therapists are based on B1, you could observe how they assess and review patients, sometimes requiring a visit to patient’s property to asses for equipment required for discharge. Visiting MDT including TVN, diabetes specialist nurse, SALT & dietician – observe how our patients are assessed and reviewed. Off ward based spokes including TVN Palliative care team SALT & Dietician Infection control Nutritional specialist nurse Phlebotomists Falls team Dementia specialist nurse BART Frailty nurse practitioners Advanced nurse practitioners We can also arrange any other spoke placements relevant to B1, the above list is only example. C:\Users\ma27u\AppData\Local\Microsoft\Windows\INetCache\IE\UIRLP0X0\germ-bacteria-virus-microbe-pathogen-characters-cartoon-fun-children-vector-illustration-78619501[1].jpg Stop Pressure Ulcers Day - ewma.org Part II – Falls in the Elderly: What can be done about it? B1 team consists of Nursing staff Ward manager - Sister & PEL - Sister Dorothy Chizah Sister- Noralyn Saulog Sister Nicola Sayers Team of RN’s – newly qualified and experienced HCA’s Ward clerk Consultants Dr Becky Oates & Dr Tom Warburton Junior Doctors Therapy team – based on B1 Physiotherapists Occupational therapists B1 telephone numbers 01204 487578 emails PEL s [Dorothy.Chizah@boltonft.nhs.uk](mailto:Dorothy.Chizah@boltonft.nhs.uk) [Noralyn.saulog@boltonft.nhs.uk](mailto:Noralyn.saulog@boltonft.nhs.uk) Commonly used abbreviations UTI- urinary tract infection LRTI- lower respiratory tract infection PMH-past medical history PA- pressure areas CKD-chronic kidney disease AKI – acute kidney injury COPD chronic obstructive pulmonary disease. IVAB-intravenous antibiotics HTN- hypertension (high blood pressure) SOB-shortness of breath ECG- electrocardiogram AF-atrial fibrillation D+V-diarrhoea and vomiting CXR- chest X Ray IHD-ischaemic heart disease (A) USS- ultrasound scan LVF-left ventricular failure CCF-congestive cardiac failure CTB- CT scan of the brain MRI- magnetic resonance imaging IVI- intravenous infusion NG(T)(F)- nasogastric (tube)(feed) PPM-permanent pacemaker IDDM-insulin dependent diabetic NIDDM-non insulin dependent diabetic BM-blood glucose level monitoring CDif-clostridium difficile Ao1/2…-transfers with assistance of one or two PT-physiotherapy OT-occupational therapy OD-once daily BD-twice daily TDS-three times a day QDS-four times a day

### Royal Bolton Hospital – Trust and Values ****Fiona Noden** – Chief Executive**

### ****Rae Whaetcroft –** Chief Operating Officer**

### ****Francis Andrews** – Medical Director**

### ****Tyrone Roberts -** Chief nurse**

## http://www.boltonft.nhs.uk/wp-content/uploads/2013/04/Plan-on-Page.jpg Royal Bolton Hospital Trust Values Our Values

Our Trust Values demonstrate the beliefs that underpin the way we work together and with patient.  Our Values drive what we do to help us deliver our ambitions in a way that puts patient safety and care first.

**Vision**

* We have a plan that will deliver excellent healthcare for future generations, working collaboratively towards sustainability
* We make decisions that are best for long-term health & social care outcomes for our communities

**Openness**

* We communicate clearly to our patients, families and our staff, with transparency & honesty
* We encourage feedback from everyone to help drive innovation and improvements

**Integrity**

* We demonstrate fairness, respect and empathy in our interactions with people
* We take responsibility for our actions, speaking out and learning from any mistakes

**Compassion**

* We take a person-centred approach in all our interactions with patients, families and our staff
* We provide compassionate care and demonstrate understanding to everyone

**Excellence**

* We put quality and safety at the heart of all our services and processes
* We continuously improve our standards of healthcare with the patient in mind

## As a nurse, we have the opportunity to heal the heart, mind, ... - StoreMyPic